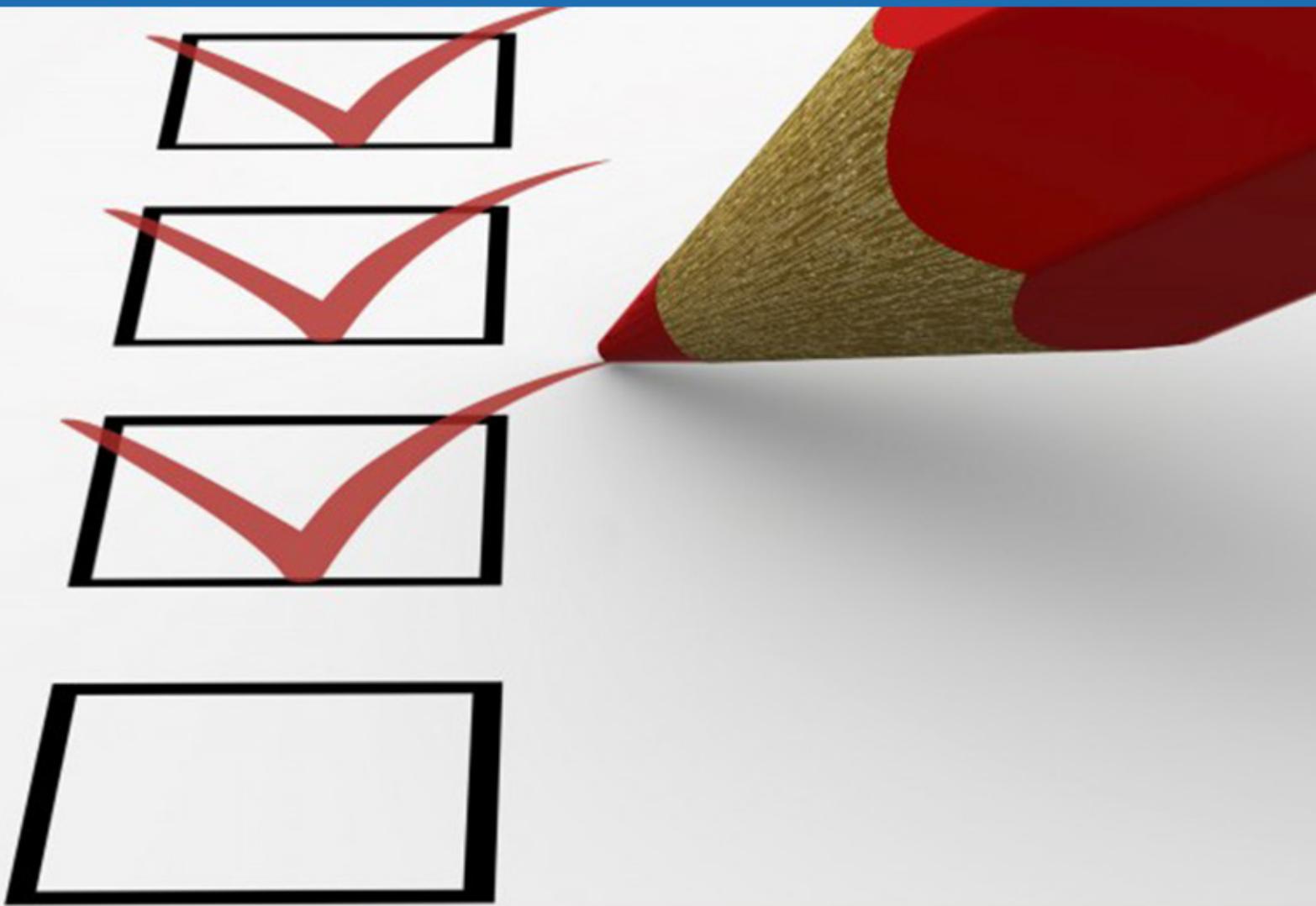


The Drug Treatment Center Evaluation Checklist for Parents

Must Have Questions and Answers For
Getting The BEST Results For Your Loved One



TURNING
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Addiction Recovery. Support & Placement.

Turning Point Addiction Recovery Services, LLC

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Our 100+ Point Checklist for Parents

Must Have Questions and Answers When Contacting A Therapeutic Placement, Wilderness Program or Therapeutic Boarding School

Parents are invited to use this free guide when calling a treatment center, visiting their website, and/or visiting a treatment facility of any kind. Simply focus on the Checklist questions and topics that are germane to the level of treatment that you are investigating.

Most facilities will have an Intake Coordinator to walk you through your initial visit. We hope that our Checklist helps you with your journey to find the proper treatment option for your loved one in crisis:

Facility, Staff and Protocols:

1. Name of Rehabilitation Facility/Program:
2. Date of Visit:
3. Address of Facility/Program:
4. Phone Number:
5. Web Address:
6. Contact Person's Name:
7. Contact's Title:
8. Contact's Phone Number:
9. Contact's Email Address:
10. Precise Licensure of Facility/Program:
11. Precise Accreditation(s) of Facility/Program:
12. Is the Facility/Program NATSAP (National Association of Therapeutic Schools and Programs) Affiliated?
13. Is the Facility/Program Joint Commission Affiliated?

14. Licensure of Clinical and Therapeutic Staff:
15. What is the average tenure of employment for the counseling staff?
16. What is the average educational/professional level of the counseling staff?
17. What is the turnover rate of clinical staff?
18. What are the credentials of the staff?
19. How closely supervised are children in dorms? During study time? In bathrooms?
20. Where are residents typically from?
21. Does facility accept residents on parole or with a pending court action against them?
22. What are the social and cultural demographics of the residents in treatment?
23. Are there any International residents in treatment?
24. Is foreign language assistance provided? Is there a charge?
25. How does the treatment facility deal with conflict resolution among residents?
26. Is there a zero tolerance policy for any infractions? If so, which?
27. What is a resident's typical daily schedule?
28. How much time is devoted to therapeutic work while in the wilderness?
29. How much time is devoted to individual counseling while in treatment?
30. Is there group counseling in the wilderness?
31. Are the group sessions Co-facilitated?
32. Is individual therapy included in the overall cost? Is it billed separately?
33. Are there family therapy sessions included in the cost of treatment?
34. If so, how frequent and how many family sessions are allowed?
35. How are the family sessions organized?
36. How do family members attend the family session: In person; by phone; by Skype?
37. How are family sessions structured if parents are divorced?

38. May a resident sign a waiver that excludes parents from information?
39. Can a resident sign a confidentiality excluding parents from information?
40. Are residents informed, in advance, of the style and structure of group therapy?
41. How frequently may parent and educational consultants communicate with the resident?
42. How long will parents get to talk with their child on the phone? Weekly? Daily?
43. How often may parents exchange emails with the treatment facility? Text? Skype?
44. Who may residents text or email or call when in treatment?
45. Which staff members are with residents at night and weekends?

Counseling

46. What is the description of the treatment program's "levels" or "stages" of progress?
47. Is their academic curriculum accredited by the State or a recognized academic accrediting body?: (Explain)
48. Does individual counseling happen on site or off? Both?
49. Does group counseling happen on site or off? Both?
50. Is counseling done by facility employees, adjunct staff, or independent contractors?
51. Are treatment residents taken to 12-Step meetings off site?
52. If so, how frequently? What is the means of roundtrip transportation?
53. Are treatment residents taken to any non-12 Step meetings off site?
54. If so, what type of meetings are these? How frequently are the meetings and what is the means of roundtrip transportation?
55. How are clinical outcomes measured?
56. How long does the treatment program last?
57. What/Who determines an early exit or graduation?
58. How much time is allowed before exiting the program prematurely? Is there an additional cost to stay while exiting?

59. What is the treatment center's philosophy of discipline and restraint?
60. What is expected of the family?
61. How often are family sessions held during the treatment stay?
62. Are there restrictions on family communication and visitation?
63. Are residents allowed to have cell phone and/or Internet access?
64. Are there limitations on residents' cell phone usage and/or Internet access?
65. Has violence been an issue?
66. What are the past rates of suicide or attempted suicide?
67. Is there a self-harm assessment done on every incoming resident?
68. What happens if residents regress in treatment?
69. How restricted is residents movement on campus?
70. Are all residents allowed off campus? Are they monitored? By whom?
71. Does the treatment center rely on a buddy system?
72. Is independent time an earned "privilege"?

Communication

73. During the visit, are parents allowed talk to current residents about their experience at the facility?
74. Are you allowed to talk to students/residents about their experiences at this facility alone during the visit?

Dorms & Meals

75. Quality of Meals on campus:
76. Are food allergies taken into concern?
77. Is a resident's personal food interests respected?
78. Caffeine and sugar policy:

79. Fruit and healthy snacks:

80. Quality of Dorms:

81. Do residents have a private room included in the fee?

82. Do residents have roommates? If so, up to how many?

Medications & Detoxing

83. Does the facility detox residents on site? Off site?

84. Does the facility require that residents are no longer detoxing before admittance?

85. How are medications distributed? By whom?

86. How does the treatment center ensure residents are taking their medications?

87. Who at the treatment center administers Controlled medication?

88. Is there a certified nurse on campus?

89. How accessible is a board-certified psychiatrist who can monitor how residents are doing on medications and adjust dosage or type of drug, if needed?

90. Is there an additional fee or charge for access to this psychiatrist?

91. Is transportation provided free of charge for access to this psychiatrist?

Aftercare Assistance

92. Does the facility work with resident and family to ensure a safe and practical plan for after-care?

93. Does the facility commit to weekly phone call check-ins? For how long?

94. Will the facility provide sober living, IOP, PHP, or any other step-down programs that are local for the resident?

Education for Students in Treatment

95. What classroom materials and resources are provided for learning?

96. Is an accredited online education resources provided?
97. What is the philosophy of teaching on campus?
98. What is the individual class size of the classes?
99. Are the teachers State certified or credentialed for their particular subject area?
100. How serious/acute are the addictions and behavioral issues of the residents enrolled?
101. What learning disabilities are typical of the residents enrolled?
102. Is there a credentialed or certificated Learning Specialist on campus?
103. How much time is spent daily in class or on academics?
104. How is education and teaching addressed in the wilderness?



Call now for a FREE Consultation

(844)-HELPER-1 (435-7371)

Turning Point Addiction Recovery Services

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